CURRENT RESEARCH

Harmful effects of Splenda (Sucralose) revealed

50% reduction in the beneficial intestinal bacteria

Adverse affect on the pH of the intestines

Prevents the absorption of crucial medications

Causes weight *gain*, stimulation of appetite and craving sweets.

Migraine headaches, seizures, blurred vision, dizziness.

(Sucralose is chemically closer to DDT than to sugar.)

Journal of Toxicology and Environmental Health 2008:71(21):1415-29